| | У | ear 2 Topic | Plan: Summe | er B Keepi | ng Healthy | |
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| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | W 6 |
| Literacy | Read George's MM Vocabulary choices Instructions | Read George's MM Instructions Punctuation | Talk 4 writing story Conjunctions Report on learning | Write adapted T4W story | Plan and write own magic potion story. | Poetry about keeping healthy |
| Science | Humans need food/ water to stay alive. Thinking skills: Grouping foods using own criteria. Learn about food groups. Begin to keep food diary. | The children learn that we need to eat food from every group over time, what groups provide and that occasional treats are ok. Plan a meal for a family, identify groups | The children will complete a survey about the foods that they eat regularly and present their results in bar charts. They will analyse the results of our survey. | The chn will learn that they take medicines when they are ill and some people need to take them to stay healthy. They will distinguish between drugs and food in a thinking skills lesson where they decide if items are sweets or medicines. | | The chn learn that medicines can be dangerous if taken without consulting adult. Create rules. Plants used for health Meds, gels, pastes |
| PHSE (can be blocked) | The smell monster Learn how we keep healthy by eating, exercise, hygiene. Develop self- motivation to eat well, exercise, keep clean. Give advice to smell monster (L/G activity) | Drinks Chn will learn how to make simple choices that improve their health, well- being and personal hygiene. They will learn about healthy and unhealthy drinks including alcohol. | Germs (week 2 this year) Begin to know how some diseases are spread and how they can be controlled. | Consequences The chn will begin to recognise that their actions have consequences. (cigarettes, peer pressure.) Week 3 2021 | SLEEP The chn will discuss their own sleep/ bed time routines and whether they get enough good quality sleep | Medicines Understand that all medicines are drugs- establish safety rules with medicines and substances in home and school |
| ЪТ | Taste and evaluate breakfast cereals. Which ones are "healthy'? Which are not so good? Discuss packaging. Does it look like a healthy choice? Why? Consider words on packaging. Does it encourage good choices? | The children will taste and investigate a range of ingredients that we could use to create a 'healthy' breakfast cereal. | The children design their own healthy breakfast cereal by choosing from a range of cereal bases and adding healthy choices Eg. dried fruit, nuts, coconut | The children will design the packaging for their 'healthy' cereal. | The children will learn how to create packaging for their cereal thinking about 'healthy' images and wording to encourage healthy choices. | The children will make their healthy cereal and evaluate it. The children will evaluate how effective they think their packaging is in promoting 'healthy' choices. |
| ICT:Photography | Digital Imaging – Intro to still life photography – take close-ups of scenes set up by chn using ipads. | Investigate Veggie tales cards and discuss how they are set up, photographed and why they are funny. | Chn design their own scene to photograph and decide on a caption. | Chn use fruit and veg and collage materials to set up their scenes and photograph using ipads. | | Chn add their photographs to publisher and create captions. |
| Music | Chranga Healthy Living My and My Body Revise and review Toolkit beat/pulse. Learn song -Me and My Body | You need Sleep Listen and appraise Indian Iullaby. Toolkit-rhythm Lion sleeps tonight pulse/rhythm/pitch Song -You Need Sleep | Ready Set Go Toolkit-Tempo Bear Hunt Don't Stop Me Now, Great Train Race Learn song-Ready Set Go | Fruit is Lovely Toolkit-pitch Mamma will You Buy me a Banana Learn song Fruit is Lovely | Vegetables Toolkit-timbre Listen to Spanish Onions identify timbre Carrot clarinet Learn -Vegetables | Toolkit-Body and Vocal Warm up Revisit songs -Fruit is lovely/Vegetables Learn song Say No! Say Stop! |
| RE | Discuss special places. What is your special place and why? | Introduce a variety of places of worship. Word cloud activity | Investigate the Sikh Gurdwara | Investigate the Jewish synagogue | Torah lessons from original plan? | Design a place of worship |
| | Invasion games The children will practise throwing, catching and finding space to outwit opponents. They will play small sided invagames, scoring points in different ways. Athletic skills The children will practise the athletic skills that we challenge ourselves on sports day: Sports day races, throwing, jumping and try to beat their personal best. | | | | | |
| PE | | | | | | |