



Appendix A – Letter to Parents

Relationships, Sex and Health Education (RSHE) – Right to Withdraw Letter for Parents and Carers

Dear Parents and Carers,

At Bedlington West End Primary School, we are committed to providing a high-quality Personal, Social, Health and Economic (PSHE) and Relationships, Sex and Health Education (RSHE) curriculum which helps children to stay safe, healthy and prepared for life in modern Britain.

Our RSHE curriculum supports pupils to develop an understanding of:

- healthy and respectful relationships;
- friendships and family relationships;
- physical and mental wellbeing;
- personal safety, including online safety;
- growing up, puberty and human development;
- diversity, equality and respect for others.

Statutory and Non-Statutory Content

The RSHE curriculum includes both statutory and non-statutory elements.

Parents and carers **cannot withdraw** their child from:

- Relationships Education
- Health Education
- the National Curriculum for Science.

Parents and carers **can request to withdraw** their child from the non-statutory elements of Sex Education that are taught beyond the National Curriculum for science.

Why We Teach This Content

We believe it is important that children receive accurate, age-appropriate information before they experience the physical and emotional changes associated with growing up. Our curriculum is designed to support children's wellbeing, promote positive relationships and help keep children safe online and offline.

Viewing Curriculum Materials

We value working in partnership with parents and carers. Information about the RSHE curriculum is available on the school website and curriculum materials can be viewed by contact the PSHE/RSHE lead.

Where lessons cover puberty or non-statutory Sex Education, parents and carers will be informed in advance.

Withdrawal from Non-Statutory Sex Education

We encourage any parent or carer considering withdrawal from non-statutory Sex Education to discuss the curriculum with their child's class teacher, PSHE/RSHE lead or the Headteacher before making a decision.

Requests for withdrawal must be made using the school's withdrawal request form (See Appendix B). Pupils who are withdrawn from non-statutory Sex Education lessons will be provided with appropriate alternative learning during these sessions.

If you have any questions about our PSHE and RSHE curriculum, please contact the PSHE/RSHE lead.

Yours sincerely,

Mrs J Dey

Headteacher

Mrs E Langley

PSHE/RSHE Lead