

## Year 4 Long Term Plan PHSE - Linked to SCARF

Green = Whole School

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b><u>Autumn A</u></b> <b><u>Me and My Relationships</u></b>	Demonstrate strategies for working on a collaborative task  SCARF: Human Machines	Explain what we mean by a 'positive, healthy relationship'  SCARF: OK or not Ok p1	Recognise that there are times when they might need to say 'no' to a friend.  SCARF: Ok or not ok p2	Describe 'good' and 'not so good' feelings and how feelings can affect our physical state.  SCARF: Email from Harold	Identify a wide range of feelings.  SCARF: Different Feelings	Keeping Safe and dealing with Peer Pressure  Lucinda and Godfrey	Show Racism the Red Card:  Define the word respect and demonstrate ways of showing respect to others' differences.  SCARF: The people we share our world with.
<b><u>Autumn B</u></b> <b><u>Valuing Differences</u></b>	Recognise that they have different types of relationships with people they know  SCARF: Friend or acquaintance?	Recognise potential consequences of aggressive behaviour  SCARF: What would I do?	Anti-Bullying Week:  Give examples of strategies to respond to being bullied, including what people can do and say  SCARF: Under Pressure	Define the terms 'negotiation' and 'compromise'  SCARF: Can you sort it?	Understand and identify stereotypes, including those promoted in the media.  SCARF: That is such a stereotype!	Understand that they have the right to protect their personal body space.  SCARF: Islands	
<b><u>Spring A</u></b> <b><u>Keeping Safe</u></b>	Understand that medicines are drugs  SCARF: Check the label	Define the terms 'danger', 'risk' and 'hazard' and explain the difference between them  SCARF: Danger, Risk or Hazard	Describe stages of identifying and managing risk  SCARF: Keeping ourselves safe	Define what is meant by the word 'dare'  SCARF: How dare you!	Child Mental Health Week & E-Safety Day  Identify images that are safe/unsafe to share online  SCARF: Picture Wise	Explain the role of the bystander and how it can influence bullying or other anti-social behaviour	

						SCARF: Safety in numbers	
<b><u>Spring B</u></b> <b><u>Rights and Respect</u></b>	Understand that we can be influenced both positively and negatively.  SCARF: Raisin Challenge	Recognise that reports in the media can influence the way they think about a topic.  SCARF: In the News!	Explain how different people in the school and local community help them stay healthy and safe  SCARF: Who helps us to keep healthy and safe?	Understand that humans have rights and also responsibilities  SCARF: It's your right!	Understand the reason we have rules  SCARF: How do we make a difference?		
<b><u>Summer A</u></b> <b><u>Being my Best!</u></b>	Identify ways in which everyone is unique.  SCARF: What makes me Me!	Recognise that there are times when they will make the same choices as their friends and times when they will choose differently  SCARF: Making Choices	Understand the ways in which they can contribute to the care of the environment  SCARF: Harold's Seven Rs	How to live a healthy lifestyle.  SCARF: SCARF hotel	Concept of basic first aid  SCARF: Basic First Aid		
<b><u>Summer B</u></b> <b><u>Growing and Changing</u></b>	Name some positive and negative feelings  SCARF: My Feelings are all over the place!	Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret  SCARF: Secret or Surprise	Understand that marriage is a commitment to be entered into freely and not against someone's will;  SCARF: Together	Enterprise Week: Harold's Expenses Who Pays taxes	Describe some of the changes that happen to people during their lives  SCARF: Moving House		Transition Activities