

# Starting Nursery: Tips for Preparing your Child



# HELLO PARENTS!

This E-book will give you some practical tips on how to help prepare your child for starting Nursery. There will be more ideas following, mainly to support their learning, in your child's starting Nursery pack, which they will receive later in the term and we will discuss in a later E-Book.







  
"The greatest gifts we  
can give our children are  
the roots of RESPONSIBILITY  
and the wings of  
INDEPENDENCE."

*maria montessori*

Joyful in Kinder



# BUILDING INDEPENDENCE...

It is very important to begin building independence skills with your child. At Nursery we encourage the children to do as much as they can for themselves. To support independence you could...

Dress your child in elasticated trousers or skirts rather than a belt or buttons. This will make trips to the toilet much easier!



Get velcro fastened shoes rather than lace ups! Your child will be able to put their shoes on independently and their learning won't be interrupted by needing their laces tied.



# BUILDING INDEPENDENCE...

Teach and encourage your child to put their coat on and fasten it up.



Teach your child to take off their jumper or cardigan and put it back on again.



Practise holding and using a knife and fork correctly so they can cut their food up independently.



# BUILDING INDEPENDENCE...

This year, it is so important that your child knows how to wash their hands correctly and are in the habit of doing this throughout the day for 20 seconds.

In nursery we will be teaching them to do this, or sanitise at set points in the day.





# Don't Panic...

If your child is in the process of learning their independence skills when they come to Nursery, because there will always be an adult around to help them learn how to help themselves!



# If you like it then put a Name in it

Please, please put your child's name on everything they bring to school so it's easily identifiable. . Water Bottles, Jumpers, Coats and Shoes!! We know how expensive these items can be so please help us to keep them safe.

Remember all of the children will have a green jumper and it is impossible to know whose jumper is whose even with the sniff test (they often recognise the smell of your wash powder or fabric conditioner) so a name on everything is so important to help us return them to the rightful owners!





# TALK, TALK AND THEN TALK SOME MORE...



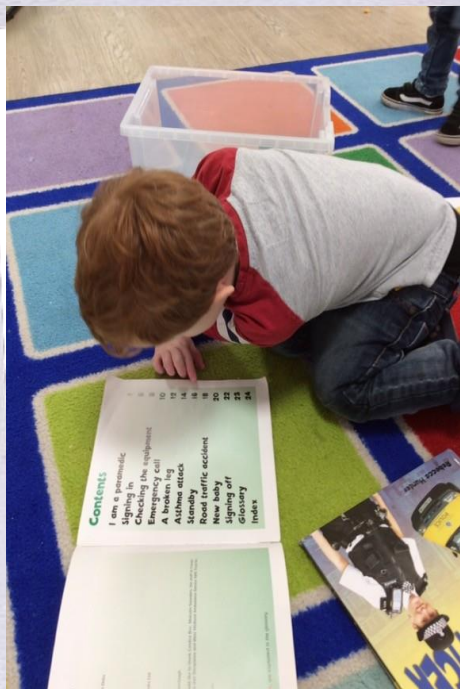
One of the most important preparations for learning is talk. Talking to children, asking them questions and listening to their responses helps to develop the foundations for learning:-

- listening
- understanding
- speaking
- vocabulary
- social skills
- empathy
- self belief
- reasoning
- decision making
- organisation...
- ...and a whole lot more



**Play** is often talked about as if it were a **relief** from **serious learning**. But for children, **play is serious learning**. **Play** is really the work of childhood.  
~ Fred Rogers  
The Highgate Kindergarten





*The more that*  
**YOU READ,**  
 THE MORE THINGS  
 YOU WILL KNOW.  
*The more that you learn,*  
**THE MORE PLACES**  
**YOU'LL GO.**

-DR. SEUSS





# READ, READ AND THEN READ SOME MORE...

The Dr Seuss Quote on the previous page is so very true. Reading underpins so much learning. It is the foundation for communication and language, literacy, spelling skills, understanding the world, personal and social skills and so much more.



So choose some books off the shelf or read one from the online library and enjoy cuddling up and reading together

The Nursery Staff's Favourite Picture Book

Miss Porter's favourite is The Very Hungry Caterpillar

Mrs Rachel Nancekivell's favourite is Laura's Star

Mrs Victoria Graham's favourite is Hairy Maclary

# What my Child Needs, and Doesn't Need for Nursery

Your Child will receive most of the things they need for starting Nursery.

Upon completing your admission forms (More on this in a later E-Book) you will receive:

- \*A P.E. bag to keep a spare set of clothes in

- \*Water Bottle





Your child won't need a backpack because they will have their spare clothes in their PE bag, which is easier to hang up in the confined space of the cloakroom



Your child will need to bring their water bottle to Nursery filled each day, particularly in the hotter weather  
As part of our healthy school status please could you only put water in your child's water bottle

Your child will need a spare inhaler or epi-pen to keep in nursery, prescribed by your Doctor, if they require these. A form will need to be completed which we will come to in a later e-book

Your child will need a spare set of clothes including underwear and socks in case of a toileting accident or general spillages (they don't need to be uniform)

Your child won't need to bring toys to Nursery, to avoid precious things getting lost or damaged (however this may be open to discussion on some occasions)

# Sharing Your child's e-book

Sharing the e-book, when you receive it, and talking to your child about Nursery is a great way to prepare them. They can see what will happen and what it will look like.

## A Story About Starting Nursery





# GOODBYE FOR NOW...

We hope this E-book has given you some tips on how to prepare your child for starting school.

Thank You

Miss Porter, Miss Nancekivell and Mrs Graham

Miss Karen  
Porter



Miss Rachel  
Nancekivell



Mrs Victoria  
Graham

