

PHSEe Planning Year One Autumn A

Week 1	Re-establish school and class rules.	*I can give a positive outcome for all.	
Week 2	Lucinda & Godffrey Lesson 1: Making friends	*I can sometimes tell if other people are feeling sad or scared and I know how to make people feel better. *I can tell you what being a good friend means to me. *I can demonstrate some of the skills needed to make and maintain friendships.	
Week 3	Lucinda & Godffrey Lesson 2: Maintaining friendships.	*I can think of ways to make me feel better when I feel hurt, without hurting others. *I know that when you feel sad, it affects the way you behave and how you think. *I know how to make up with a friend if we have fallen out.	
Week 4	Lucinda & Godffrey Lesson 3: Inside worries.	*I can tell you what bullying is. *I can tell you how someone who is bullied feels. *I can be kind to children who are being bullied. *I know who to talk to if I think I am being bullied. *I can tell you what being a good friend means to me.	
Week 5	Lucinda & Godffrey Lesson 4: Getting on and falling out.	*I can tell you what being a good friend means to me. *I can demonstrate some of the skills needed to make and maintain friendships. *I can give a positive outcome for all.	
Week 6	E-Safety	*I know which information should not be shared *I can create a safe username and password *I know who to ask if something happens that I don't understand. *I know to only share my personal information with adults that I trust.	
Week 7			
Week 8	Health & Wellbeing Week		