

# NORTHUMBERLAND Learning together at Home PACK

#### DEAR PARENT...

While your child is not able to access their education at nursery, school or with their childminder, we want to support you to continue the school readiness journey with some ideas for simple, play-based activities to try together at home. You might have your own ideas but don't worry if you don't the Early Years Team will share a different activity sheet with you each week. Here are some top tips to make this manageable and fun:

- Keep to a routine this should be flexible but with boundaries. Getting up, dressed and having breakfast as normal before starting on any fun activities you have planned will help. All children benefit from routines to help them feel safe and secure. In this unusual times, having a structure to the day will help to establish a feeling of 'normality' for our youngest children who may be struggling to make sense of what is happening.
- Let your child lead the learning what do they love to do? What aspirations do they have?
- Learn something new share with your child the things you also love to do.
- Spend time outside every day, no matter the weather. It doesn't have to be long. Play in the mud or splash in the rain, or go on a walk. It will be good for everyone's health!
- Limit screen time (ideally no more than 1 hour each day) - when possible, support them to access educational programmes and apps.
- Share stories every day not only is this a great way of supporting your child's language and literacy skills, it will be a time for you to connect together.
- Keep it simple! The best experiences you share together will be the ones with little fuss where you can focus on just enjoying the experience together.





## LEARNING TOGETHER AT HOME: Week 1

### THE NORTHUMBERLAND SCHOOL READY APP

For week 1 of 'learning together at home', we would like to share with you the Northumberland School Ready app. The app can by found by scanning the QR code below.

QR Code for Android Users:

Early Years Northumberland

QR Code for Apple Users:



Or Search: <u>https://play.google.com/store/apps/details?id=co.uk.shooflypublishing.nccpassport</u> for android users or <u>https://apps.apple.com/us/app/how-i-learn/id1341741580?ls=1</u> for apple devices.

#### TOP TIPS FOR USING THE APP

- The app is not designed to be used by children independently. It is there to give parents ideas of activities they can do at home.
  Make sure you click the 'tips' section at the bottom of each activity for further information or ideas.
- The book reading videos are not intended as a replacement for sharing stories no app can replace sharing stories together!
  Descent stories to get storted.
- Please watch this <u>video</u> to get started!





## OTHER EASILY <mark>Accessib</mark>le Resources

<u>Hungry Little Minds</u> - A Government campaign containing ideas for activities for children from birth to 5 years old.

Power of Pictures - A collection of stories read by the Power of Pictures team.

Free Audio Books - From Scholastic for parents.

<u>CBeebies</u> - Games, puzzles and quizzes alongside their favourite TV CBeebies shows.

TTS Early Years Activity Pack - Packed with ideas to do at home with your child.

<u>10 Outdoor Ideas</u> - Play-based fun and learning outdoors.

NRich Maths - Maths games and activities for 3-5 year olds.

<u>15 Early Years Apps</u> - A selection of apps suitable for early years children.

Edinburgh Zoo Live Webcam - Watch pandas, penguins, tigers, and koalas living at Edinburgh Zoo.

<u>Outdoor Learning and Play for Parents Educating their Children at Home</u> - Facebook group offering advice and suggestions for outdoor learning at home.

