

One page isolation crib sheet

The new rules for isolation periods starting on Monday 17th January 2022 are as follows:

If your child tests positive on an LFD (lateral flow device) or is symptomatic and subsequently tests positive.

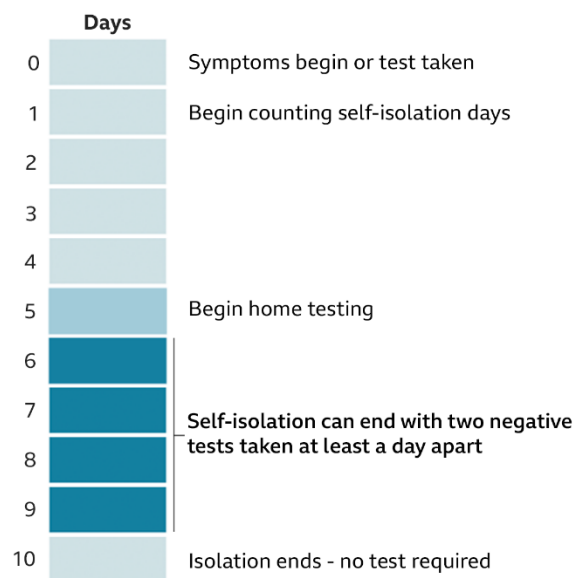
- Inform school at admin@westend.northumberland.sch.uk or 01670 822382 (between 8:00am and 4:00pm). You do not need to arrange a PCR test.
- Your child should isolate immediately. This is Day 0 of the isolation period.
- **Your child should isolate for 5 full days at least.**
- Day 5 take an LFD test before school time.
- Day 6 take an LFD test before school time, 24 hours after the Day 5 test.
- If both tests are negative your child may return to school on day 6.

So, for example, if your child's isolation period started on a Friday. If on Day 5 they had a negative LFD test at 8am and then on Day 6 also had a negative LFD test at 8am, they could return to school on the Thursday (see table below). Your child can only return to school if he/she no longer has a temperature or is feeling unwell.

Day 0 Fri	Day 1 Sat	Day 2 Sun	Day 3 Mon	Day 4 Tues	Day 5 Wed	Day 6 Thur
Start isolating	isolate	isolate	isolate	isolate	Isolate Neg LFD	Isolate Neg LFD - return to school

If their LFD test was positive on day 5, they could try again for two negative tests on day 6 and 7 and return on day 7 and so on. If they continued to have positive lateral flow tests, they would need to self-isolate until the end of day 10. Please see the chart below.

How five-day isolation rule works in England



Source: NHS

BBC